

I. Course description and aims

Both courses are intended for post-16 learners wanting to continue their education through applied learning, and who aim to progress to higher education and ultimately to employment, possibly in the sports sector.

The content of this qualification has been developed in consultation with academics to ensure that it supports progression to higher education. Employers and professional bodies have also been involved and consulted to confirm that the content is appropriate and consistent with current practice for learners who may choose to enter employment directly in the sport sector. The qualification provides the knowledge, understanding and skills that allow learners to gain experience of the sport sector that will prepare them for further study or training.

Learners will study mandatory units which could include:

1. Anatomy and Physiology
2. Fitness Training and Programming for Health, Sport and Well-being
3. Professional Development in the Sports Industry
4. Sports Leadership
5. Practical Sports Performance
6. Coaching for Performance
7. Research Methods in Sport
8. Development and Provision of Sport and Physical Activity
9. Investigating Business in the Sport and Active Leisure Industry
10. Skill Acquisition in Sport

This qualification carries UCAS points and is recognised by higher education providers as meeting, or contributing to, admission requirements for many relevant courses. Learners can progress to higher education on full degree single or combined courses.

There are also opportunities to give learners practice in developing employability skills such as, cognitive and problem-solving skills, critical thinking, intrapersonal skills, such as communicating, working collaboratively, negotiating and influencing and self-presentation, and interpersonal skills such as self-management, adaptability and resilience, self-monitoring and development.

II. Curriculum model overview

Assessment:

Assessment is specifically designed to fit the purpose and objective of the qualification. It includes a range of assessment types and styles suited to vocational qualifications in the sector. There are three main forms of assessment that you need to be aware of: external, internal and synoptic.

Externally-assessed units

The styles of external assessment used for qualifications in the Sport suite are:

- examinations – all learners take the same assessment at the same time, normally with a written outcome
- set tasks – learners take the assessment during a defined window and demonstrate understanding through completion of a vocational task.

Internally-assessed units

Most units in the sector are internally assessed and subject to external standards verification. Learners could be given opportunities to:

- write up the findings of their own research
- use case studies to explore complex or unfamiliar situations
- carry out projects for which they have choice over the direction and outcomes
- demonstrate practical and technical skills.

Synoptic assessment

Synoptic assessment requires learners to demonstrate that they can identify and use effectively, in an integrated way, an appropriate selection of skills, techniques, concepts, theories and knowledge from across the whole sector as relevant to a key task. Synoptic assessment must take place after the teaching and learning of other mandatory units in order for learners to be able to draw from the full range of content. The synoptic assessment gives learners an opportunity to independently select and apply learning from across their programmes in the completion of a vocational task.